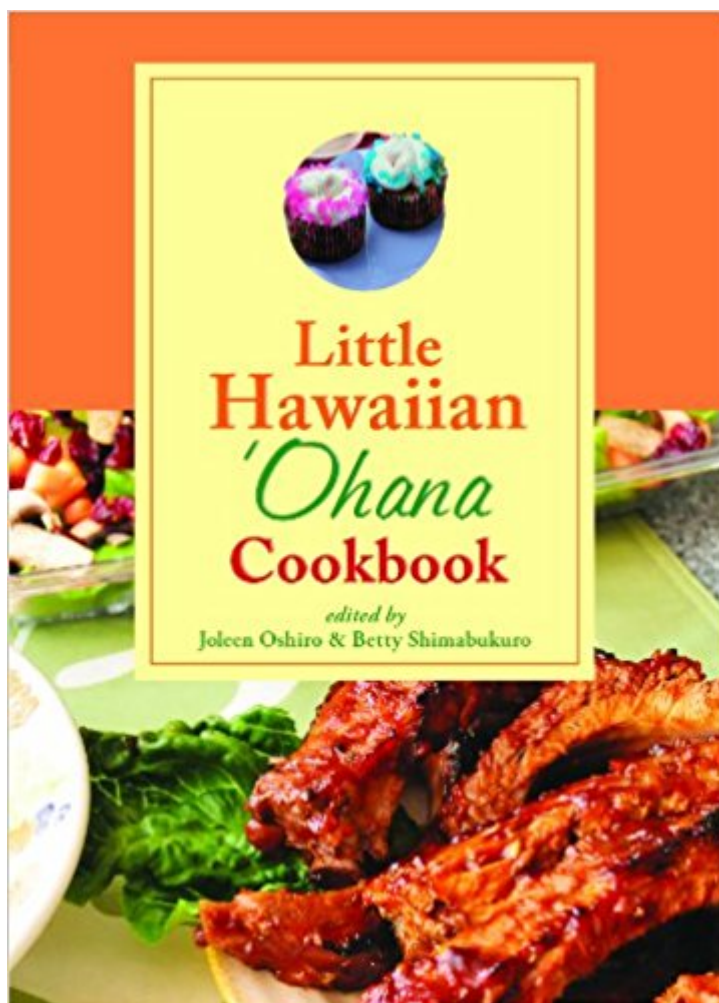


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# Little Hawaiian Ohana Cookbook



## Synopsis

Food and family in Hawai'i go hand-in-hand. Seldom is there a gathering large or small without an array of favorite foods packed tightly together on a dining room table. Everyone looks forward to 'ohana get-togethers and reunions where all the favorite dishes from the grandmas, aunties, uncles, and cousins are savored and enjoyed. Like one big family reunion, here is a collection of the best recipes shared by Hawai'i's families that cover our Islands' multicultural heritage. These over thirty recipes represent cooking treasures, secrets, and traditions that bond families and friends-Lu'au Stew, Kalua Pig, Chinese Sweet and Sour Spare Ribs, 'Opakapaka with Chinese Cabbage, Mango Bars, and Panipopo. There are also recipes of Hawai'i's cherished dishes of days gone by so their tradition may continue-The Willows Curry, and Chef D.K. Kodama's original brownie recipe handed down by his beloved mom who was his grounding culinary influence. So celebrate family cooking in the Islands with these recipes.

## Book Information

Hardcover: 84 pages

Publisher: Mutual Pub Co (October 1, 2013)

Language: English

ISBN-10: 1939487226

ISBN-13: 978-1939487223

Product Dimensions: 0.2 x 4.2 x 6 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #396,473 in Books (See Top 100 in Books) #18 in [Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Hawaii](#) #63 in [Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > West](#)

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Very interesting recipes.

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